



Caithness Amateur sevens Football League

Introduction

This document outlines that agreed constitution of Caithness Amateur sevens football league, also known as CASFL and the 7s.

1.0 Objectives

- 1.1 To promote, foster and develop, throughout its membership without discrimination against any organisation or person for reason of race, religion or politics, the game of Association Football, and to take all such steps as may be deemed necessary or advisable for preventing infringements of the rules of the game or other improper methods or practices in the game and for protecting it from abuse.
- 1.2 To promote the sport of Football at all times observing the rules of competition with special regard to those of fair play.
- 1.2 To affiliate to the Scottish Amateur Football Association and observe the rules of this league.
- 1.3 To promote the support of local charities, where CASFL funds permit.
- 1.4 To fully comply with all national regulatory bodies such as Child protection.
- 1.5 Adopt a continuous improvement mentality that strives to improve the organisation and experience of playing football with CASFL.
- 1.6 Manage costs to ensure that registration and match fees are maintained at the lowest possible cost for member clubs.

2.0 Membership

- 2.1 Membership of CASFL will be on an invitation only basis, however; all requests to join CASFL will be given serious consideration by the Executive committee of CASFL.
- 2.2 All members (Clubs, Officials and Players) will conduct themselves with Propriety at all times, especially towards competing players and supporters of other clubs.
- 2.3 All participating clubs, officials and players will retain amateur status throughout the membership period. No Club which is run for the pecuniary gain of a person or persons, whether or not such person or persons are members of the said Club, shall be considered Amateur.
- 2.4 All Clubs in membership must submit a complete list of all Committee Members giving full name and address. Failure to submit the form by the due date, shall result in the defaulting Club being fined a sum not greater than £50.00. Any subsequent alterations to the club committee list during the current season must be notified to the Association/League with such alterations also submitted to the Scottish Amateur Football Association.

3.0 Management

- 3.1 The Office bearers of CASFL will comprise of Chair person, Vice Chair, Secretary, Match Secretary, Treasurer and Web Master.

4.0 Executive Committee

- 4.1 Subject to provisions of Article 5 below the affairs of CASFL will be managed by the executive committee, comprising Chair, Vice Chair, Secretary and Treasurer.
- 4.2 The executive committee may co-opt additional member(s) from time to time as they decide is necessary to help with specific tasks.
- 4.3 In circumstances where urgency prevents calling of a full executive committee meeting the chair or with the chairs agreement, the Vice chair or the Secretary may act singly on behalf of CASFL.

5.0 Management and conduct

- 5.1 League business as managed under Article 5 above shall be in accord with any decisions taken by the full membership at Annual or Extraordinary General meetings.
- 5.2 Minutes of all management meetings shall be prepared for approval at the next arranged meeting, using form CASFL-0005- Committee minutes.

6.0 General Meetings

- 6.1 The annual General Meeting (AGM) shall be held during August of year, following the Audit of accounts.
- 6.2 Notice of the AGM shall be given no less than 14 working days prior to the meeting and shall be open to members and prospective members only.
- 6.3 All clubs in membership shall be entitled to one representative with one vote per club at all general meetings.
- 6.4 The quorum for general meetings shall be greater than 50% of registered clubs.
- 6.5 The Chair will be entitled to cast a deciding vote at general meetings, should the need arise.
- 6.6 The AGM Agenda shall include the following items:

Approval of Notice calling the meeting
Minutes of Previous AGM for approval
Chair person's report
Treasurer's Report with audited financial statements
Election of Office Bearers and committee members
AOCB
- 6.7 Motions for AGM, from any member must be made in writing utilising form CASFL-0009- Proposal, signed by a Proposer and Secunder.
- 6.7.1 All motions will be forwarded to the Secretary no less than 28 days prior to the scheduled AGM.
- 6.8 Extraordinary General Meetings will called at any time of the year by the committee on receipt of written motion(s) of no less than 30% of the members of CASFL.

- 6.8.2 On receipt of such motion(s) the Secretary will consult with the Chair and notify all CASFL of the requirement for an EGM.
- 6.8.3 The EGM will be held no more than 14 working days from receipt of the motion.
- 6.9 AGM and EGM motion(s), unless directed towards change to the constitution will be carried with 50% or greater of the members present and eligible, vote in favour of the motion(s).
- 6.10 AGM and EGM motion(s) directed towards change to the constitution shall be deemed to be carried if a majority greater than or equal to 66% of the members present and eligible, vote in favour of the motion(s)

7.0 Executive Committee Meetings

- 7.1 The committee shall meet at such intervals as the chair considers necessary for the proper conduct of the league.
- 7.2 The Chair shall call a committee meeting on receipt of written request from not less than 4 of the executive meeting.